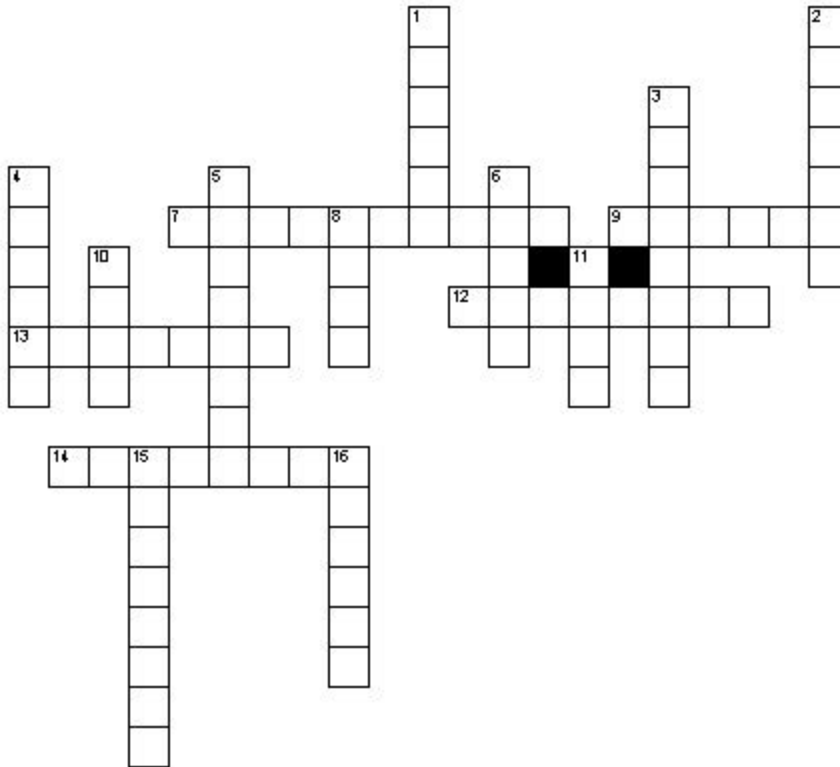


TRACE MINERALS CROSSWORD



Across

7. decreases iron and zinc absorption
9. Iodine deficiency: Enlargement of the thyroid gland
12. Antioxidant mineral that acts with vitaminE to protect cell membranes
13. Less absorbed for of Iron
14. Enhances iron absorption

Down

1. Iron deficiency results in _____
2. Good source of Zinc
3. Enhances mineralization of bones and teeth
4. High Zinc intakes can impair the _____ system
5. Found in the glucose tolerance factor
6. hinders mineral absorption
8. involved in oxygen transport
10. Required for sexual maturation
11. Iron from meat sources
15. Iodine is part of the hormone _____
16. Required as a cofactor in the synthesis of hemoglobin

16 of 17 words were placed into the puzzle.

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