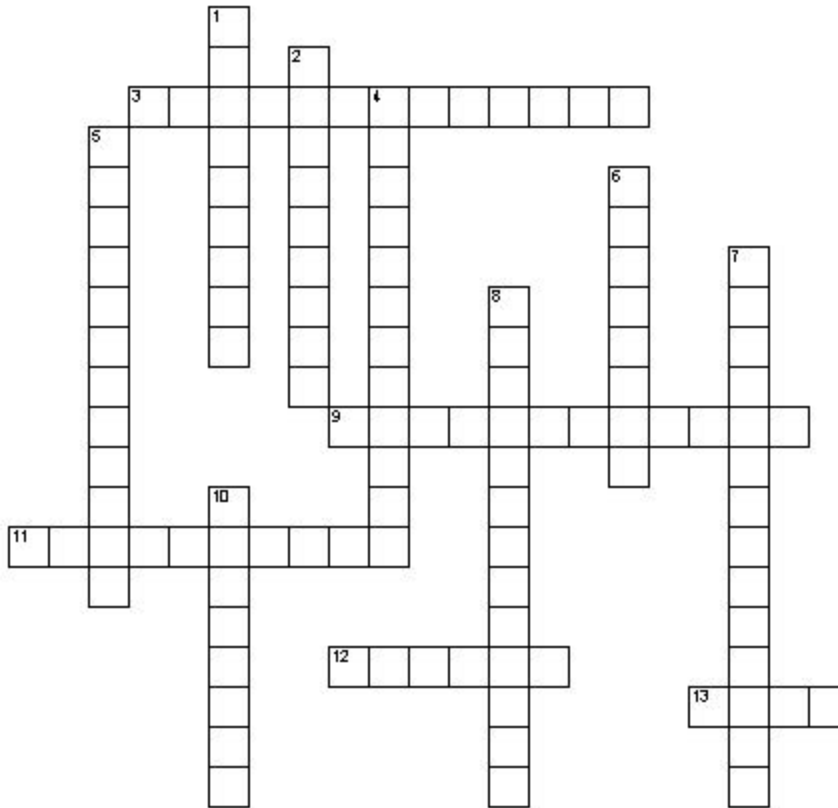


# MAJOR MINERALS CROSSWORD



## Across

3. Fluid within the cell  
 9. A high-salt diet is associated with \_\_\_\_\_ (disease)  
 11. Part of genetic material (i.e. DNA and RNA)  
 12. Water follows \_\_\_\_\_ for movement throughout the body  
 13. Good source of calcium

## Down

1. Processing decreases \_\_\_\_\_ content of foods  
 2. UL for this nutrient only relates to supplements  
 4. Electrically charged particles  
 5. Too much water can cause "water \_\_\_\_\_"  
 6. Enhances calcium absorption  
 7. Structural framework of Calcium and Phosphorus in bones  
 8. Fluid with the blood vessels  
 10. Negatively charged Electrolyte found outside the cell

13 of 15 words were placed into the puzzle.

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