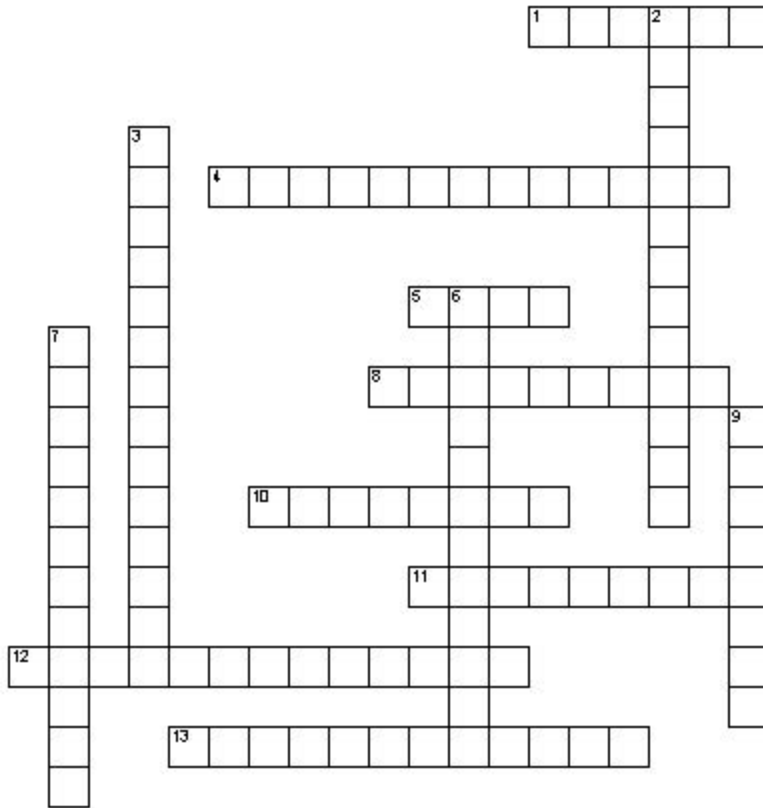


MAJOR MINERALS CROSSWORD



Across

1. Water follows _____ for movement throughout the body
4. Fluid with the blood vessels
5. Good source of calcium
8. Processing decreases _____ content of foods
10. Negatively charged Electrolyte found outside the cell
11. UL for this nutrient only relates to supplements
12. Too much calcium in the blood
13. A high-salt diet is associated with _____ (disease)

Down

2. Fluid within the cell
3. Structural framework of Calcium and Phosphorus in bones
6. Too much water can cause "water _____"
7. Electrically charged particles
9. Enhances calcium absorption

13 of 15 words were placed into the puzzle.

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