

# OSU Upward Bound

## What is “Upward Bound?”

Upward Bound is a college preparatory program designed to provide academic skills and motivation for students who are interested in pursuing an educational program beyond high school. Students generally enter the program in the 9<sup>th</sup> or 10<sup>th</sup> grade and remain through graduation from high school and entry into college.

Upward Bound gives the high school student a chance to learn first-hand what college life is all about and helps the student develop skills necessary to succeed in college. The program emphasizes reading, writing, math, science, and study skills. Personal, career, and academic counseling is also provided.

Upward Bound is one of the federally-funded “TRIO” programs that allows selected educational institutions or agencies to provide fundamental support to participants in preparation for college entrance.

## What Do Students Do?

During the summer, Upward Bound (UB) students live on the Oklahoma State University campus for six weeks and participate in a variety of academic, social, and cultural activities.

During the regular school year, UB students are in contact with UB staff members and tutors through activities, counseling sessions and tutorials. UB students come to the OSU campus one Saturday each month for workshops to help prepare for college entrance. Juniors and seniors visit college campuses and receive guidance as part of their college selection and application process. UB students also participate in recreational and cultural activities.

A special “Bridge” program is provided to graduating seniors. During the six-week summer program, seniors enroll in six hours of college-level coursework on the OSU campus.

## Is There Any Cost?

All program services are provided free of charge. For their program participation, Upward Bound students receive a monthly stipend during the academic year and six-week summer program.

## Program Services

UB provides supplemental instruction in math, laboratory science, composition, literature, foreign language, study skills, critical thinking and computer literacy as well as:

- Academic, financial and personal counseling
- One-on-one and small group tutorial services
- Mentoring programs
- Career exploration opportunities
- Information on postsecondary education opportunities
- Assistance in completing college entrance and financial aid applications
- Assistance in preparing for college entrance exams and waivers of test fees
- Opportunities to attend cultural events and academic programs
- Informational programs for parents
- Monthly stipend

## Program Eligibility Criteria

To be considered for OSU Upward Bound, students must meet the following criteria:

- Enrolled in the ninth or tenth grade at Cleveland, Hominy, Pawhuska, Pawnee, Perkins-Tryon, Stillwater, Woodland or Yale High Schools
- A member of a family in which neither parent has a bachelor’s degree or a family whose income does not exceed the level established by the U.S. Department of Education
- Submit completed application, including essay, high school transcript, and counselor and teacher recommendations

**TRIO**  
UPWARD BOUND



## Need More Information?

OSU Upward Bound Program  
119 Student Union  
Stillwater, Oklahoma 74078  
Phone: (405) 744-5455  
FAX: (405) 744-6438

<http://trio.okstate.edu/upwardbound/>

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**Application for Participation**

**Name:** \_\_\_\_\_  
Last Name First Name MI

**Address:** \_\_\_\_\_  
Street/Box City State Zip Code

**Phone:** (\_\_\_\_) \_\_\_\_\_ **County:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:**  Male  Female  
Month/ Day/ Year

**STUDENT E-MAIL ADDRESS:** \_\_\_\_\_

**SOCIAL SECURITY NUMBER:** \_\_\_\_\_

**\*Please include a photocopy of your Social Security Card.**

**U.S. Citizen?**  Yes  No If **No**, Resident Alien Number: \_\_\_\_\_

**Racial/Ethnic Origin:** (please check one)

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> African-American               | <input type="checkbox"/> Caucasian    |
| <input type="checkbox"/> American Indian (tribe: _____) | <input type="checkbox"/> Hispanic     |
| <input type="checkbox"/> Asian/Pacific Islander         | <input type="checkbox"/> Other: _____ |

**Current School:**  Cleveland  
 Hominy  
 Pawhuska  
 Pawnee  
 Perkins-Tryon  
 Stillwater  
 Woodland  
 Yale

**Current Grade:**  9<sup>th</sup>  10<sup>th</sup>  11<sup>th</sup>

**I have submitted an application for the Oklahoma Higher Learning Access Program (OHLAP)**  Yes  No

**School Counselor:** \_\_\_\_\_

This is to certify that all information given by me is true and correct to the best of my knowledge. Furthermore:

- I give the OSU Upward Bound Program my permission to receive copies of my educational records and other materials necessary for participation in the program and to release educational records to educational institutions.
- Further permission is granted to request academic and financial aid information and records from any and all postsecondary institutions to track college progress.
- I understand that all of my records will be kept in confidence and in accord with the Privacy Act of 1974.

\_\_\_\_\_  
**Student's Signature**

\_\_\_\_\_  
**Date**

**NOTE: Please include a copy of your most recent high school transcript with this application.**

-Application Continued On Reverse-

**PARENT INFORMATION:** (completed by parent or guardian with whom applicant lives):  
**ALL INFORMATION WILL BE HELD IN STRICT CONFIDENCE.**

Parent/Guardian Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Home: \_\_\_\_\_ Work: \_\_\_\_\_

Is either parent a graduate of a 4-year college/university with a Bachelor's Degree?  No  Yes  
If yes, please list name of college/university: \_\_\_\_\_

Is there any physical or emotional condition(s) your child may have about which the OSU Upward Bound staff should be informed? \_\_\_\_\_

Number of family members living at home: Adults: \_\_\_\_\_ Children: \_\_\_\_\_ TOTAL: \_\_\_\_\_

For us to determine eligibility for participation in Upward Bound, federal regulations require us to obtain documentation of taxable income for the *preceding calendar year*.

**PLEASE INCLUDE A COPY OF YOUR 2007 TAX RETURN**

**Taxable Income** (Form 1040-line 39; Form 1040A-line 24; Form 1040EZ-line 6):

- \$0 - \$15,600
- \$15,601 - \$21,000
- \$21,001 - \$26,400
- \$26,401 - \$31,800
- \$31,801 - \$37,200
- \$37,201 - \$42,600
- \$42,601 - \$48,000
- \$48,001 - \$53,400
- \$53,401 and above

**If you did not file a tax return, please complete the following:**

SSA/SSI: \$ \_\_\_\_\_ Unemployment: \$ \_\_\_\_\_  
VA/GI Bill: \$ \_\_\_\_\_ Food Stamps: \$ \_\_\_\_\_  
TANF: \$ \_\_\_\_\_ Pension/Retirement: \$ \_\_\_\_\_  
Other (specify): \_\_\_\_\_

This is to certify that all information provided is true and accurate to the best of my knowledge. I hereby give my permission for the OSU Upward Bound Program to have access to any school or agency records of (student's name) \_\_\_\_\_ to determine eligibility for the program and to monitor the status and progress in secondary school. Further permission is granted to request all information and records from any and all postsecondary institutions in order to track college progress. I understand that all records will be kept in strict confidence and in accord with the Privacy Act of 1974.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

Submit the **completed** application packet to either your high school counselor or to the OSU Upward Bound Office, 119 Student Union, Stillwater, OK 74078.

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**Records Release Form**

To Be Completed By Student and Parent

**Student Name:** \_\_\_\_\_

**School Attended:** \_\_\_\_\_

**As indicated below:**

- ✓ I hereby give my permission for the release of any school records from my son's/daughter's file to the **Oklahoma State University Upward Bound Program**. Furthermore, I grant permission for OSU Upward Bound to release academic and testing records to educational institutions. Permission is granted to request academic and financial aid information and records from any and all post secondary institutions to track college progress.

I authorize the release of school records from my son's/daughters file that may be requested by the Oklahoma State University Upward Bound Program. I understand that the U.S. Department of Education funds the Oklahoma State University Upward Bound Program and will use these records to provide academic advisement for my son/daughter. I also understand that these records will be handled in a confidential manner and that they will be made available only to program staff, personnel from educational institutions, and representatives from Federal and State Departments of Education.

This authorization is limited to the following records:

- 1) School records,
- 2) Transcripts,
- 3) Standardized test scores
- 4) Information on the student's status and performance and
- 5) Student's contact information.

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Father's/Guardian's Name (Please print)

\_\_\_\_\_  
Mother's/Guardian's Name (Please print)

\_\_\_\_\_  
Father's/Guardian's Signature

\_\_\_\_\_  
Mother's/Guardian's Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Date Signed

The Oklahoma State University Upward Bound Program will treat all eligible applicants equally, regardless of race, color, national origin, gender, sexual orientation, religion or physical disability. Oklahoma State University, in compliance with Titles VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972 (Higher Education Act), Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, sex, age, religion, handicap, or status as a veteran, in any of its policies, practices or procedures. This provision includes, but is not limited to, admissions, employment, financial aid and educational services.

## Oklahoma State University Student Needs Assessment

Name \_\_\_\_\_ Date \_\_\_\_\_

This survey contains a number of statements about student needs. Please give your honest opinion of how Upward Bound can meet your needs. Your answers will be kept confidential.

<b>Academic Needs</b>	<b>Strong Need</b>	<b>Some Need</b>	<b>No Need</b>
1. To learn how to complete and turn in my homework on time.	1	2	3
2. To get better grades in school.	1	2	3
3. To take tests better and with less anxiety.	1	2	3
4. To organize my time, activities and responsibilities better.	1	2	3
5. To learn more about high school requirements for college.	1	2	3
6. To listen better in class and ask more questions.	1	2	3
7. To relate to and communicate better with my teachers.	1	2	3
8. To identify, set and evaluate goals for the future.	1	2	3
My academic goal is _____			
<b>Personal Needs</b>	<b>Strong Need</b>	<b>Some Need</b>	<b>No Need</b>
1. To better understand my parents and other adults.	1	2	3
2. To learn to deal with conflict in a positive manner.	1	2	3
3. To be more accepting of my physical appearance.	1	2	3
4. To learn how my self-esteem affects my behavior.	1	2	3
5. To learn how to get along better with members of the opposite sex.	1	2	3
6. To learn to accept people who are different from me.	1	2	3
7. To learn more about the use/abuse of drugs and alcohol.	1	2	3
8. To accept greater responsibility for my actions.	1	2	3
My personal goal is _____			

<b>Career and Postsecondary Needs</b>	<b>Strong Need</b>	<b>Some Need</b>	<b>No Need</b>
1. To explore a variety of career opportunities.	1	2	3
2. To learn more about job applications, resumes and interviews.	1	2	3
3. To learn more about postsecondary admissions process.	1	2	3
4. To prepare for exams like the PSAT, ACT or SAT.	1	2	3
5. To visit more colleges.	1	2	3
6. To learn about college costs and how to pay for college.	1	2	3

My career choice is \_\_\_\_\_

In college, I plan to major in \_\_\_\_\_

Three careers I am interested in learning about are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Three Oklahoma colleges/universities I would like to visit are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



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Counselor Recommendation Form

To Be Completed By Current School Counselor

Student: \_\_\_\_\_ Current Grade:  9<sup>th</sup>  10<sup>th</sup>

This student is applying to the Oklahoma State University Upward Bound Program. We appreciate your assistance in providing the following information and recommendation. Please return this form to our office.

Which of the following best describes this student's high school curriculum?

- Academic/College Prep  General  Honors Program
- Remedial  Vocational  Other \_\_\_\_\_

What is this student's approximate class rank?

- Top 10%  Top 25%  Top 50%  Below 50%

What is this student's reading level? \_\_\_\_\_  
(Above, At, or Below Grade Level)

How would you describe this student's attendance?

- Excellent  Good  Fair  Poor

Has this student ever been subject to school disciplinary action or suspension?

- Yes  No If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_

Additional Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please indicate your recommendation of the student for participation in this program:

- Strongly Recommend  Recommend
- Recommend with Reservation  Do no recommend

Counselor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

School: \_\_\_\_\_

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**Teacher Recommendation Form**

To Be Completed By Current Academic Teacher

**Student:** \_\_\_\_\_

**To the teacher:** This student is applying to the Oklahoma State University Upward Bound Program. This program is designed to assist participating students in preparing for and enrolling in a college-level educational program. Students who show potential but need motivational and/or academic or other personal assistance in order to succeed in a college-level program may apply. Please be as specific as possible in your remarks. Your comments and evaluation will be confidential.

Teacher's Name: \_\_\_\_\_

Subjects(s) taught to above-referenced student: \_\_\_\_\_

School: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Based on your knowledge of the applicant, please rate his/her academic skills:

	<b>Outstanding</b>	<b>Above Average</b>	<b>Average</b>	<b>Needs Improvement</b>	<b>No Basis for Judgment</b>
Academic achievement					
Math skills					
Reading skills					
Study skills					
Writing skills					
Comprehension skills					
Use of time					
Organization					

Please rate the applicant's characteristics and motivation:

	<b>Outstanding</b>	<b>Above Average</b>	<b>Average</b>	<b>Needs Improvement</b>	<b>No Basis for Judgment</b>
Ability to cope calmly with frustrating experiences					
Demonstrates leadership capability					
Interpersonal skills					
Self-image					
Potential for growth					
Potential to succeed					
Motivation and willingness to learn					
Tolerance of minor disappointments					
Intellectual curiosity					
Ability to work with others on group projects					
Quality of work submitted					
Emotional maturity					
Attentiveness in class					
Ability to meet deadlines					
Potential to appreciate and maximize learning opportunities					

Additional Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please indicate your recommendation of the student for participation in this program:

- Strongly Recommend       Recommend  
 Recommend with Reservation       Do not recommend

Teacher's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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