

**Oklahoma State University**  
**2009-2010 HEALTH EDUCATION AND PROMOTION**  
**EXERCISE AND HEALTH OPTION-4 YEAR PLAN**

***Freshman Year***

<u>Fall</u> EDUC 1111 ENGL 1113 (or 1313)  MATH 1513 BIOL 1114 HHP 2603	<u>Spring</u> ENGL 1213 (or 1413) Humanities (H) or (HI) or (DH)—3 hours (lower division) CHEM 1314 or 1215 HHP 2213 HHP 2654
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***Sophomore Year***

<u>Fall</u> SPCH 2713 HIST 1103, 1483 or 1493 ECON 1113 ZOOL 3204 HHP 3613	<u>Spring</u> POLS 1113 NSCI 2114 Humanities (H) or (HI) or (DH)—3 hours MSIS 2103 MKTG 3213
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***Junior Year***

<u>Fall</u> STAT 2013  HHP 3223(Fall only) (S) or (IS) or (DS) General ED Course—3 hours HHP 3114 HHP 3913	<u>Spring</u> (S) or (IS) or (DS) General Ed Course—3 hours HHP 3723 HHP 3643  MGMT 3013 HHP Elective (3 hours) *
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***Senior Year***

<u>Fall</u> BCOM 3113 HHP 4533 HHP 3663 HHP 4973 HHP 4902	<u>Spring</u> HHP 4990—12 hours
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***See notes on next page***

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Additional notes

Choose one additional course from list included. Check individual course for pre-requisites

HHP ELECTIVES

**Exercise and Health**

HHP 4773  
HHP 4783  
LEIS 4463  
LEIS 4563  
NSCI 4133

Sixty hours must be completed at a senior college and must include 40 upper-division hours.

Student must have 120 total hours with: (1) 2.75 graduation/retention GPA; (2) 2.75 graduation/retention GPA for enrollment in HHP 4990; (3) 2.75 GPA in College/Departmental Requirements; and (4) 2.75 GPA in Major Requirements. The student must earn minimum grades of "C" and "P" in the College/Departmental Requirements and Major Requirements.

Documentation of current first aid/CPR certification prior to completion of HHP 4990.

**THIS PLAN IS ONLY A GUIDELINE. PLEASE REFER TO YOUR DEGREE REQUIREMENT SHEET FOR SPECIFIC REQUIREMENTS.**