

# Oklahoma State University

## School of Applied Health and Educational Psychology

### Master of Science in Health and Human Performance

Emphasis: Health Promotion

Emphasis: Applied Exercise Science

Emphasis: Physical Education

#### GENERAL REQUIREMENTS:

The Master of Science degree may be earned by one of two plans: the THESIS PLAN which requires 36 semester credit hours with six credit hours for the Thesis and an oral defense; or the NON THESIS PLAN which requires 36 semester hours, a \*Creative Component, an oral defense of the Creative Component, plus a four hour, written comprehensive examination. Under both plans, 1) no more than nine semester credit hours may be accepted as transfer credit towards the Masters degree, 2) the last eight semester credit hours for the degree must be taken through Oklahoma State University, and 3) 21 hours of course work must be taken at the 5000 level. Any 4000 level course marked with an asterisk in the graduate catalog may be taken for graduate credit with approval from the student's committee. The number of credits for each plan does not reflect undergraduate prerequisites.

\*The Creative Component (CC) must include enrollment in three credit hours of Field Problems. The CC may be a special report, an annotated bibliography, a project in research or design, or other creative activity agreed upon by the student's committee and instructor of record. Prior to enrolling in the CC independent study, the student must obtain and complete a CC proposal which must be signed by the instructor of record and distributed to all Advisory Committee members.

#### REQUIREMENTS FOR ADMISSION:

Admissible without qualification:

1. Apply for admission through the graduate college in 202 Whitehurst (405) 744-6368. For information pertinent to the application process, for forms, and/or on-line admission, go to <http://www.osu-ours.okstate.edu/gradcoll/default.html>.
2. Bachelors degree from an accredited institution (> 3.00 GPA).
3. Miller Analogies Test scaled score of > 400 *or* a Graduate Record Exam score of >950 (with preferred minimums of 500 verbal and 450 quantitative).
4. Three letters of recommendation providing information related to past academic ability, potential for graduate study, and writing ability.

#### Provisional Admission

1. Admission on a provisional basis may be possible if either #2 or #3 above is not met.
2. Students admitted on a provisional basis should not take more than nine credit hours during the first semester.
3. Students admitted on a provisional basis will be reviewed for full admission by HHP faculty prior to enrollment in the second semester.

Persons wishing to become candidates for the MS degree in HHP should first complete a Graduate College application and send two official transcripts of all coursework completed to:

**Dean of the Graduate College**

**202 Whitehurst Hall**

**Oklahoma State University, Stillwater, OK 74078**

**(405) 744-6368**

Materials required for departmental admission (see Admissions on page 1) should be sent to:

**Ms. Sandi Ireland**

**Graduate Student Records - COE**

**325V Willard**

**Oklahoma State University, Stillwater, OK 74078-3063**

**(405) 744-9483**

ACADEMIC PREREQUISITES:

Prerequisite courses have been identified for selected degree options. Consult the options below for details.

UPON ADMISSION:

1. Plan of study. The plan of study is a listing of the classes which the student intends to take for completion of the degree. The student must develop the plan with his/her committee chair and his/her Advisory Committee. Any change(s) to the plan of study must be approved by all committee members. The preliminary plan of study for the degree should be filed with the Graduate College as soon as possible, but not later than enrollment in the 17th graduate credit hour.
2. Complete coursework according to degree to plan of study.
3. Write proposal (Thesis or Creative Component).
4. Hold a committee meeting to present proposal.
5. Upon committee approval of the proposal, proceed to exit requirements.

EXIT REQUIREMENTS:

1. Thesis Option - Students must submit and have accepted a thesis proposal, complete the thesis project, and successfully defend the thesis in a public meeting.
2. Creative Component Option - Students must complete an approved creative component project, an oral defense of the Creative Component, successfully pass the oral defense, and pass a comprehensive written examination.

GRADUATE FACULTY

These are the faculty supporting the M.S. program in the School of Applied Health and Educational Psychology including their respective areas of expertise and graduate faculty status.

Faculty Member and Areas of Expertise

Edwards, Steve\*, Sport & Exercise Psychology  
Hughes, Trish, Adapted PE (Pedagogy) & Self-Defense Pedagogy  
Kelley, Mark, Health Education & Health Promotion  
Miller, Bridget, Health Promotion  
O'Brien, Matt, Athletic Training & Exercise Function  
Peabody, Kimberly, Health Promotion  
Pettit, Michelle, Health Promotion  
Smith, Doug, Exercise Physiology, Exercise Tests and Measures, Applied Anatomy  
Warren, Aric, Athletic Training

\*Full Members of the Graduate Faculty

For additional information contact:

Dr. Steve Edwards, Coordinator of Graduate Studies  
Health and Human Performance Program  
School of Applied Health and Educational Psychology  
Oklahoma State University  
Colvin Center Room 180A  
Stillwater OK 74078  
(405) 744-7476 or FAX at (405) 744-6507  
e-mail: [steve.edwards@okstate.edu](mailto:steve.edwards@okstate.edu)

Health Promotion Emphasis (36 hours)

CORE COURSES (12 hrs):

LEIS 5023	Legal Aspects of HHP and Leisure
REMS 5953	Elementary Statistical Methods in Education
REMS 5013	Research Design and Methodology
HHP 5523	Current Readings in Health

REQUIRED COURSES (6 hrs):

HHP 5973	Health Promotion Program Implementation & Evaluation
HHP 5873	Human Bioenergetics

DEPARTMENTAL ELECTIVES

HHP 4503	Applied Health Behavior
HHP 4783	Health Issues in Gerontology
BUSAD 5113	Entrepreneurship and Venture Management
MKTG 5213	Services Marketing
MKTG 5613	Seminar in Consumer Behavior
SES 5533	Human Resource Development
CPSY 5473	Introduction to Counseling Practice
NSCI 5870	Nutrition and Immunology
HHP 4993	Health and Human Sexuality

THESIS (6 hrs):

HHP 5000	Master's Thesis
----------	-----------------

NON-THESIS (3 hrs):

HHP 5030	Field Problems (3 hours)
----------	--------------------------

Applied Exercise Science Emphasis (36 hours)

CORE COURSES ( 12 hrs.):

LEIS 5023      Legal Aspects of HHP and Leisure  
REMS 5953      Elementary Statistical Methods in Education  
REMS 5013      Research Design and Methodology  
HHP 5523      Current Readings in Health

REQUIRED COURSES (6 hours):

HHP 5853      Stress Testing and Exercise Prescription I  
HHP 5873      Human Bioenergetics

DEPARTMENTAL ELECTIVES :

HHP 5613      Cardiac Rehabilitation  
HHP 5593      Human Electrocardiographic Interpretation  
HHP 5733      Motor Learning  
HHP 5823      Advanced Applied Anatomy  
HHP 5863      Stress Testing and Exercise Prescription II  
HHP 4783      Health Issues in Gerontology  
NSCI 5230      New Findings in Nutrition  
NSCI 5870      Nutrition and Immunology

THESIS (6 hours):

HHP 5000      Master's Thesis

NON-THESIS (3hrs):

HHP 5030      Field Problems (3 hours)

**Note: We are currently not accepting students into the PE emphasis below.**

Physical Education Emphasis (36 hours)

CORE COURSES ( 12 hrs.):

LEIS 5023	Legal Aspects of HHP and Leisure
REMS 5953	Elementary Statistical Methods in Education
REMS 5013	Research Design and Methodology
HHP 5523	Current Readings in Health

REQUIRED COURSES (6 hours):

HHP 5723	Curriculum Development
HHP 5883	Program Development for Adapted Physical Education

DEPARTMENTAL ELECTIVES:

HHP 5073	Sport: Psychological Perspectives
HHP 5823	Advanced Applied Anatomy
HHP 5733	Motor Learning
HHP 5763	Administration of HPEL and Sports Programs
HHP 5833	Methods in Physical Education
HHP 5873	Human Bioenergetics
CIED 5043	Fundamentals of Teaching
EPSY 5663	Creativity for Teachers

THESIS (6 hours):

HHP 5000	Master's Thesis
----------	-----------------

NON-THESIS (3hrs):

HHP 5030	Field Problems (3 hours)
----------	--------------------------